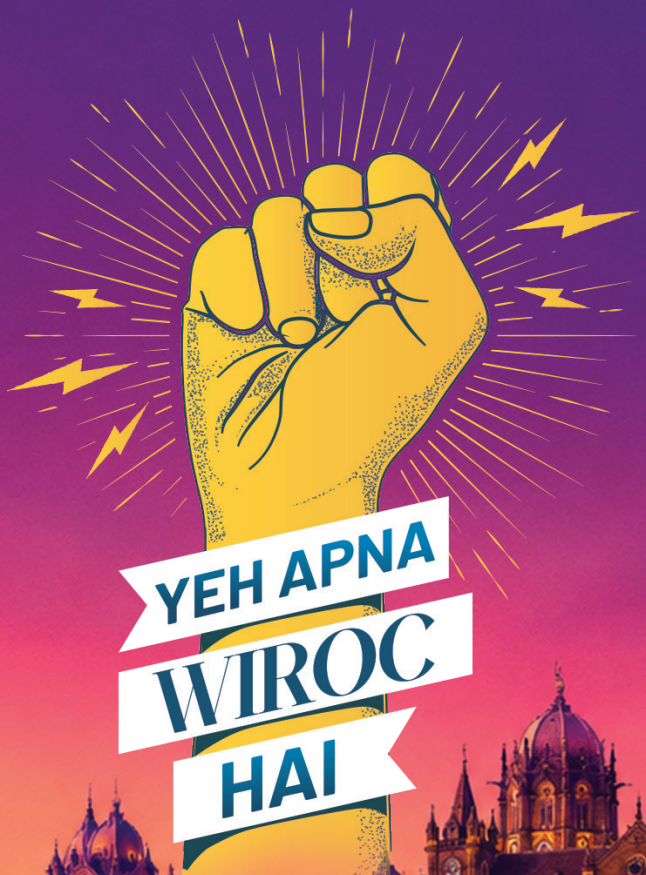
BOMBAY ORTHOPAEDIC SOCIETY

61ST ANNUAL CONFERENCE OF BOMBAY ORTHOPAEDIC SOCIETY

WIROC 2026

PRACTICE CHANGING GUIDELINES



VENUE **GRAND HYATT MUMBAI**

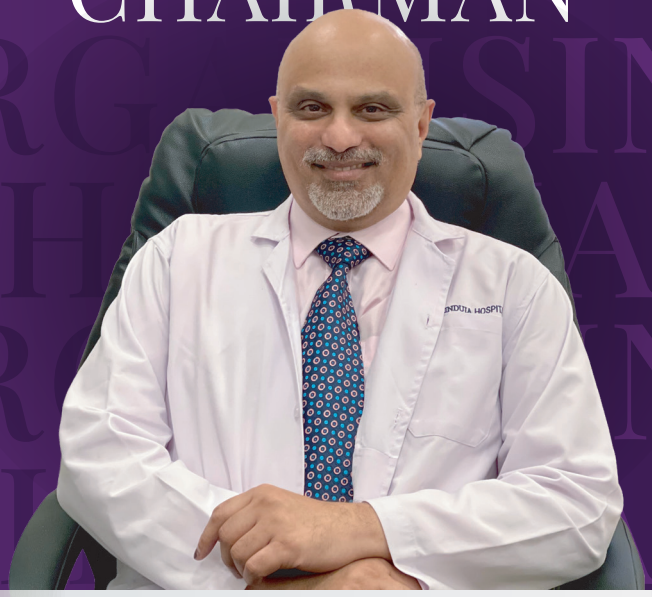
DATE **DECEMBER 25 - 27, 2026**



www.wiroc.in

Message from

ORGANISING CHAIRMAN



WIROC is the Jewel in the Crown of the Academic calendar of the Bombay Orthopaedic Society. One of the most eagerly awaited events of the year, our enthusiasts join in for academics, learning and interaction with their professional friends and colleagues.

Orthopaedics has rapidly expanded with the evolution of multiple subspecialties. While this growth has enriched our field, it has also transformed WIROC into a vast, multi-chambered, and at times fragmented academic magnum opus.

This year, we aim to bring back the personal touch. Delegates spend three full days at WIROC, and it is our responsibility as organizers to ensure true value - particularly in strengthening professional growth and enriching clinical practice.

Therefore, the theme for WIROC 2026 is "Practice-Changing Guidelines." Our objective is that every practicing orthopaedic surgeon - whether a generalist or a specialist - returns with renewed enthusiasm, updated knowledge, and clear, evidence-based guidance to enhance patient care.

The challenge of balancing subspecialty depth with broad-based relevance remains, but it is one we embrace wholeheartedly. Our program is designed to cater meaningfully to both the general orthopaedic surgeon and the subspecialist.

I warmly invite you to join us for this stellar event and spend the extended December weekend in an atmosphere of shared learning, fellowship, and rejuvenation - refreshing your mind, spirit, and passion for the year ahead.

DR. SAMIR DALVIE

Message from

ORGANISING SECRETARIES



This year's theme, "Practice-Changing Guidelines," reflects our commitment to providing clear, evidence-based, and practical recommendations that directly enhance orthopaedic practice. In a time of multiple specialty meetings and abundant online content, WIROC aims to offer every orthopaedic surgeon - generalist or specialist - valuable, applicable take-home learning.

Our academic program presents the evolution of treatment strategies across orthopaedics and concludes each session with concise, actionable guidelines. WIROC is shaped by the vision of BOS members, and we continue to incorporate your suggestions to make the conference truly meaningful.

WIROC brings together strong literature, vast surgical experience, and curated guidelines tailored to the Indian scenario. Through high-quality surgical videos, focused speciality workshops, and the latest technological advances, we learn from innovators while addressing medico-legal and financial aspects of practice.

WIROC is where evidence meets experience - Creating practice-changing orthopaedic guidelines.

Yeh apna WIROC hai - Academics with purpose and energy.

We look forward to welcoming you and learning together.

See you at WIROC 2026!

DR. SACHIN KALE | DR. JAYESH BAVISKAR

Day 1: Friday, December 25, 2026

HALL A

PROGRAM

THE WRIST WHISPERERS: FRACTURES OF DISTAL END RADIUS

It looks fine today. Will it look fine in 6 weeks. The index case

The fracture that betrays you: Which undisplaced distal radius fracture will malunite?

Beyond the x-ray: When does a distal radius fracture really need advanced Imaging

Colles, Smith and Barton: Old names, new rules - Has our thinking really changed?

The ulnar side: The forgotten half - Diagnosing and managing ulnar sided injuries

The malunion dilemma: Current guidelines and approach towards management

What would you do: Current Guidelines and audience questions

WHEN ONE IMPLANT ISN'T ENOUGH: AUGMENTED FIXATION IN PROXIMAL FEMUR FRACTURES

Representative case

Anatomy of comminution

Available devices for fixation

Interactive case-based discussion
(4 cases; 1. Neck femur / FNS | 2. IT | 3. Subtrochanteric | 4. Segmental)

Evidence + opinion: Expert summary

Guidelines

SECOND CHANCES:WHEN FIXATION LOSES THE BATTLE-
ARTHROPLASTY IN FAILED PERITROCHANTERIC FRACTURES

Paradigm shift: When to abandon fixation

1. Identifying predictive indicators of mechanical failure
2. Shifting from repeated failed revisions to early arthroplasty in osteoporotic bones

Day 1: Friday, December 25, 2026

HALL A

PROGRAM

Ruling out sepsis

1. Diagnosing sepsis: Standardising pre-op investigations
2. Managing biofilm associated contamination prior to stem implantation

Surgical execution: Hardware extraction and bone stock preservation

1. Preventing stress risers and dealing with sclerosis around implants
2. Choosing the right fixation (type of stem) and need for megaprosthesis

Reconstructing Biomechanics: Offset and abductor restoration

1. Addressing trochanteric malunuion / nonunion and restoring abductor tension
2. Using constrained liners or dual mobility bearings to mitigate high dislocation rates

Rapid fire cases and literature review

1. Infected nonunion
2. Catastrophic cutout

LUNCH

THE POSTERIOR FIXATION CHALLENGE:
POSTERIOR PLATING IN PROXIMAL 1/3RD TIBIA FRACTURES

Case 1: Soft tissue importance and timing of surgical intervention

Video 1: Submeniscal approach

Video 2: Epicondylar osteotomy for posterolateral condyle

Video 3: Frosch approach for posterolateral condyle

Posteromedial condyle reduction technique

Posterolateral condyle reduction technique

Bicondylar reduction technique

Case 2: A complication and how I managed it

Guidelines

Audience interaction

Day 1: Friday, December 25, 2026

HALL A

PROGRAM

TO FUSE OR NOT TO FUSE: LUMBAR CANAL STENOSIS

Case presentation: To fuse or not to fuse

Keynote: Does it matter how you decompress (Open vs MIS) - An overview of decompression techniques and the evidence so far

Video 1: Conventional midline microdecompression

Video 2: Tubular decompression - Over the top

Video 3: Full endoscopic decompression

Video 4: UBE decompression for LCS

Panel discussion and audience interaction: My way is the best

Is it unstable? Radiographic assessment of instability - Then and now

Keynote: Evidence versus practice - Fusion for LCS

Video Session

Fusion Technique: MIS TLIF

Fusion Technique: OLIF

Technology over technique: Robotics and endoscopy

SICOT SESSION: THE ORTHO THINK TANK - WHERE EXPERIENCES MEETS EVIDENCE

Lumbar fusion for degenerative disease: Are we in an overkill mode?

Pediatric flatfoot: Observe, treat, spacer or fuse - Are we in an overkill mode?

Artificial intelligence, declining surgical skills: Are we becoming too dependent on technology?

Terrible triad of the elbow: Decision-making in reconstructive surgery

Chronic ankle instability: Rehabilitate, repair or reconstruct - When is surgery really necessary?

Hip preservation vs replacement: Has the age barrier disappeared?

Limb lengthening: Cosmetic ambition vs functional necessity - Where should we draw the line

The evolution of global orthopedic societies: How technology and evidence-based medicine are shaping the future of SICOT

Day 1: Friday, December 25, 2026

HALL B

PROGRAM

KIDS WHO WON'T REDUCE: IRREDUCIBLE FRACTURES IN CHILDREN

Irreducible neck femur fracture

Irreducible radial neck

Irreducible monteggia fracture

Irreducible distal radius

irreducible proximal humerus

Irreducible physeal injury

NECK DEEP IN TROUBLE: CERVICAL RADICULOPATHY

Neck pain in 2026: Triggers and tips

Decoding cervical radiculopathy: The pathway from presentation to diagnosis

Natural History and conservative care: What really works and when do we bring out the scalpel?

Surgery for cervical radiculopathy: Why and how?

1) Fusion: Is it the gold standard?

2) Replacement: Movement is king

3) Posterior foraminotomy/discectomy: Treat the root

Round table (5 cases for the audience and the experts)

Complications of anterior cervical surgery

Guidelines: Surgical management of cervical radiculopathy - Consolidation of the evidence

Day 1: Friday, December 25, 2026

HALL B

PROGRAM

CASANOVA APPROACH: MULTI-LIGAMENTOUS KNEE INJURIES

MLKI: The perils of managing multiple girlfriends at the same time - Understanding the complexity of multi-ligament knee injuries

First date, or take it slow? Timing of surgery in MLKI - Early vs delayed; Single stage vs staged - What does evidence say?

Don't cross the lines! Tunnel planning in MLKI: Avoiding tunnel coalition and graft interference

The Medial relationship: Repair, reconstruct or let go - Decision making in medial side injuries

The complicated one: Posterolateral injury

The casanova playbook: Revisiting current guidelines in diagnosis and management of MLKI

Casanova's confessions: When MLKI went wrong - My mistakes under the spotlight (4 cases by different speakers)

LUNCH

WHAT'S AGE GOT TO DO WITH IT: POSTEROSUPERIOR CUFF TEAR

Q 1: Posterosuperior large cuff tear in non-dominant hand in 75-year-old lady: Best treatment option

1. I will conserve and observe with physiotherapy
2. I will try a partial repair or primary repair as possible with no additional augmentation
3. I will do a repair and an augmentation
4. I will evaluate for reverse shoulder replacement

Q 2: Posterosuperior large cuff tear in dominant hand of 60-year-old man: How best to treat

1. Conservative treatment has a role
2. Primary repair via single row yields good result
3. Augmentation with a patch has a role
4. Repair in a double row fashion or transosseous repair

Video / case 1: Partial repair or repair with augmentation in a massive cuff tear

Video / case 2: Lateralised reverse shoulder

Current guidelines in management of degenerative tears

Day 1: Friday, December 25, 2026

HALL B

PROGRAM

KNEE-DING A SECOND CHANCE: OVERCOMING CHALLENGES IN KNEE REVISION

Painful TKA: Newer Investigations and role of pain control modalities

Zonal fixation: To cone or to sleeve - The fixation conundrum

The constraint ladder: Unhinging the hinges

Revision platforms available in India: Square pegs in round holes

The bone is not enough: Tumour prosthesis to the rescue

Case-based discussion

Current guidelines in knee revision

Audience questions

THE UNINVITED GUEST: EARLY FRACTURE RELATED INFECTIONS

The early post-op wound problem: Observe, investigate or operate

Can I save the fixation? Who to retain, when to retain and how to debride

Finding the bug: The surgeon's role in getting the right sample and right test

Antibiotics with implant retention: Choice, route and duration

Western guidelines vs Indian reality: What should we actually do?

Day 2: Saturday, December 26, 2026

HALL A

PROGRAM

FREE PAPERS: ARTHROPLASTY

VETERAN SURGEON FORUM

DR. A. K. TALWALKAR SYMPOSIUM: PROXIMAL HUMERUS FRACTURES - THE DARK SIDE

1. PROFHER trial - Decipher a PRAGMATIC study & stand in EQUIPOISE
2. Strategy, caveats in preventing complications with ORIF proximal humerus fracture
3. Live surgery - Technique of GT & LT repair with tapes
4. Management of Nonunions - Non arthroplasty options - Sisyphean task
5. Management of Nonunions - Arthroplasty options
6. Unusual out of box complications (well done) PHILOS plating
7. Complication of Proximal humerus fractures - Open Pandora's box

DR. R. J. KATRAK ORATION

INAUGURATION

KEYNOTE LECTURES

LUNCH

SAVING THE MEDIAL COLUMN: DISTAL FEMUR FRACTURES

Case 1: Would you fix this with a lateral plate?

The medial column: Why it matters

Getting the medial column right / MIPPO surgical video

When is a lateral plate not enough?

Nail plate with screw integration: Surgical video

Nail + Plate vs Dual Plate

The difficult medial column

Postoperative strategy: Is early weight bearing safe?

Case 2: Why did this fixation fail?

Case 3: What would you do? Additional fixation when lateral column is failing

Practice-Changing Guidelines

Day 2: Saturday, December 26, 2026

HALL A

PROGRAM

MAN VS MACHINE: PRIMARY KNEE ARTHROPLASTY

Is mechanical alignment in TKA still the gold standard?

Relive surgery using manual instruments (What robots have taught us)

Why do we need alternative alignment strategy?

Alignment philosophies in a nutshell

Technology in TKA: CAS, PSI and Robotics

Relive surgery using robotics: Functional alignment

Panel Discussion

1. Do we need the box cut
2. Have recent advances in last 20 years reduced patient dissatisfaction rate
3. The robotics data: Will it impact Indian Surgeons?
4. Old wine new bottle: The return of medial pivot/medial congruent knees
5. The pain management revolution
6. How to avoid complications in robotic surgery

Q&A

ELBOW MAYHEM: THE UNSTABLE ELBOW

Elbow dislocation: How not to miss the diagnosis

Acute elbow dislocation: Who needs surgery and who doesn't

Terrible triad: What really needs to be fixed?

Bailout options for intraop / postop unstable elbow

Current guidelines on unstable elbow: From evidence to Indian operating room

Case based panel discussion

Day 2: Saturday, December 26, 2026

HALL B

PROGRAM

BOS RISING STAR

LUNCH

***THE UNREASONABLE BREAK*: PATHOLOGICAL FRACTURES**

History and workup

Pathological fractures in elderly

Pathological fractures in children and young adults

Principles of fixation

Case based discussion

***THE GREAT IMITATOR:* SPINAL TUBERCULOSIS**

4 cases which changed their practice

***THE MIDFOOT MYSTERY:* LISFRANC'S FRACTURE**

Case 1: Is this really a Lisfranc injury?

Understanding the Lisfranc complex

Stable vs unstable injury: Who needs surgery

ORIF: Principles, techniques and constructs

Primary Arthrodesis: When should we fuse

Difficult cases: Athletes and complications

Panel discussion: Rapid fire controversies and take-home message

Guidelines

Day 2: Saturday, December 26, 2026

HALL B

PROGRAM

DON'T MISS THE CORNERS: POSTEROLATERAL AND POSTEROMEDIAL CORNER INJURIES

Why are corner injuries missed?

Anatomy posteromedial corner-macro dissection

Anatomy posterolateral corner-macro dissection

Imaging and classification

Posterolateral corner - Surgical technique: Larsen / Arcerio / LaPrade

Posteromedial corner - Surgical technique:
Zone specific POL advancement, ramp repairs, POL reconstruction

Expert panel: Case presentation - Combined injuries

Q&A

Day 3: Sunday, December 27, 2026

HALL A

PROGRAM

FREE PAPERS: SPINE & TRAUMA

YOUNG SURGEON FORUM

DR. K. S. MASALAWALA BEST PAPER SESSION

DR. K. T. DHOLAKIA EPONYMOUS LECTURE

KEYNOTE LECTURES

BOS BOOK AWARD

LUNCH

THE DISTAL TIBIA DRAMA: COMPOUND FRACTURES OF DISTAL TIBIA AND ITS SEQUELAE

Compound fractures - What is different for distal tibia

Fracture based rationale for internal fixation in distal tibia

Common complications in distal tibial fractures

Infected non-union (Case based)

Aseptic non-union (Case based)

Malunion (Case based)

DOUBLE TROUBLE, DOUBLE STRENGTH: DUAL FIXATION IN LONG BONE FRACTURES

Dual fixation: Biomechanics, indications and planning

Dual fixation in proximal femur fractures

Dual fixation in complex tibial fractures

Dual fixation in humerus fractures and non-unions

Dual fixation in distal end radius fractures

Case based panel discussion

Day 3: Sunday, December 27, 2026

HALL A

PROGRAM

CATCH IT BEFORE IT COSTS YOU: EARLY INFECTION AFTER TKA

Early clinical signs and symptoms

Myths and facts about blood markers

Video: Arthocentesis

Video: Radical Debridement - How radical

Video: Liner exchange

Video: Tissue sampling and transport

Post debridement antibiotic protocol

Recurrence- Double DAIR / One stage / 2 Stage

Current guidelines

Delegate interaction

VALEDICTORY

Day 3: Sunday, December 27, 2026

HALL B

PROGRAM

FREE PAPERS: SCOPY & FOOT / ANKLE

FIX IT OR REVISE IT: PERIPROSTHETIC FRACTURES

Basic principles

Fractures around THR - When to fix, how to fix

Fractures around THR - When to revise the implant

Fractures around TKA - When to fix, how to fix

Fractures around TKA - When to revise the implant

Pitfalls of periprosthetic fracture classification - What the classification does not tell you

Q&A

GETTING IT RIGHT: THE ART OF ACETABULAR REDUCTION

Reduction tools in acetabular fractures: Most common methods

Double layer reduction in posterior wall fractures

Anterior dome reduction techniques

Getting posterior column reduction from anterior approach

Getting anterior column reduction from posterior approach

Panel discussion

THE SURGICAL TROUBLESHOOTING HUSTLE: TRICKY PAEDIATRIC FRACTURES

Supracondylar hustle: The unstable irreducible fracture

Lateral condyle hustle - The completely rotated fragment

Forearm hustle - The fracture you cannot nail

Tibial hustle - The transverse tibia with an intact fibula

Distal tibial physis hustle – Planning and closing all the Gaps

Femoral hustle: The length-unstable femur

Registration PACKAGES

NON-RESIDENTIAL PACKAGE

CATEGORY	OCTOBER 1 - NOVEMBER 30, 2026 (IN ₹)	LATE & SPOT (IN ₹)
BOS MEMBER	17,800 + 3,204 (18% GST) = 21,004/-	18,800 + 3,384 (18% GST) = 22,184/-
NON-MEMBER	18,800 + 3,384 (18% GST) = 22,184/-	19,800 + 3,564 (18%GST) = 23,364/-
PG STUDENT*	17,800 + 3,204 (18% GST) = 21,004/-	18,800 + 3,384 (18% GST) = 22,184/-
ACCOMPANYING PERSON	17,800 + 3,204 (18% GST) = 21,004/-	18,800 + 3,384 (18% GST) = 22,184/-

RESIDENTIAL PACKAGE (3 NIGHTS / 4 DAYS)

CATEGORY	OCTOBER 1 - NOVEMBER 30, 2026 (IN ₹)	LATE & SPOT (IN ₹)
BOS MEMBER (TWIN SHARING)	40,400 + 7,272 (18% GST) = 47,672/-	41,400 + 7,452 (18% GST) = 48,852/-
NON-MEMBER (TWIN SHARING)	41,400 + 7,452 (18% GST) = 48,852/-	42,400 + 7,632 (18% GST) = 50,032/-
ACCOMPANYING PERSON	40,400 + 7,272 (18% GST) = 47,672/-	41,400 + 7,452 (18% GST) = 48,852/-
BOS MEMBER (SINGLE ROOM)	58,400 + 10,512 (18% GST) = 68,912/-	59,400 + 10,692 (18% GST) = 70,092/-
NON-MEMBER (SINGLE ROOM)	59,400 + 10,692 (18% GST) = 70,092/-	60,400 + 10,872 (18% GST) = 71,272/-

Non-Residential Package (Conference Only) includes:
Conference Registration Fees + Lunch on Friday, Saturday & Sunday (25th, 26th, 27th Dec., 2026) + Conference Welcome Dinner on Friday (25th Dec., 2026) + Gala Banquet Dinner on Saturday (26th Dec., 2026) + Visit to Trade exhibition + Inclusive of 18% GST
*Certificate from HOD is mandatory

Residential Package (3 Nights / 4 Days) includes:
Room at Grand Hyatt Mumbai (Check-In: Thursday, 24th Dec., 2026 at 03.00 pm | Check-Out: Sunday, 27th Dec., 2026 at 12.00 noon) + Conference Registration Fee + Breakfast on Friday, Saturday & Sunday (25th - 27th Dec., 2026) + Lunch on Friday, Saturday & Sunday (25th - 27th Dec., 2026) + Conference Welcome Dinner on Thursday (24th Dec., 2026) + Conference Dinner on Friday (25th Dec., 2026) + Gala Banquet Dinner on Saturday (26th Dec., 2026) + Visit to Trade Exhibition.

REFUND & CANCELLATION POLICY

- Up to 15th October 2026: 75% of the registration and accommodation fee would be refunded (excluding GST).
- Before 15th November 2026: 50% of the registration and accommodation fee would be refunded (excluding GST).
- After 15th November 2026: No Refund.
- All queries and requests for cancellation should be made to the conference secretariat at **wiroc@bombayorth.com**
- Any query or request after 15th November 2026 will not be entertained and no refund can be availed.
- Any applicable refund will be excluding the GST paid at the time of registration.
- Registration is not transferable.
- The refund will be made by cheque after the date of the conference.
- Cancellation must be notified to the conference secretariat by email to **wiroc@bombayorth.com** with subject line 'Cancellation'. The Secretariat reserves the right of approving the cancellations and the refund amount. All the refunds will be made after the conference is over.

Program

HIGHLIGHTS



EVIDENCE-BASED EXCELLENCE

Bridging the gap between robust scientific literature and real-world surgical mastery.



PRACTICE-CHANGING INSIGHTS

Deep dives into transformative knowledge designed to evolve your clinical outcomes immediately.



THE INDIAN CONTEXT

Expertly curated, practice-oriented guidelines specifically tailored to the unique challenges of the Indian healthcare landscape.



PRECISION LEARNING

Step-by-step operative techniques delivered through high-definition surgical video demonstrations.



DELEGATE-CENTRIC DISCOURSE

A highly interactive forum designed to prioritize peer-to-peer engagement and expert dialogue.



CLINICAL PROBLEM-SOLVING

Dynamic, case-based panel discussions focusing on critical learning points and "pearls" of wisdom.



SUBSPECIALTY MASTERY

Immersive, focused workshops across the full spectrum of orthopaedic subspecialties.



BEYOND THE OT

Comprehensive sessions on practice management, navigating medico-legal challenges, and strategic financial planning for surgeons.



SYNERGY & FELLOWSHIP

Cultivating professional camaraderie through meaningful social interactions in the heart of Mumbai.

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Conference

SECRETARIAT

WIROC 2026

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