



**BOMBAY
ORTHOPAEDIC
SOCIETY**

WIROOC 2024

Pioneering progress, honouring legacy...

20TH - 22ND DEC. 2024

JW MARRIOTT MUMBAI SAHAR

www.wiroc.in



FROM THE DESK OF **ORGANIZING CHAIRMAN**

Dear Colleagues,

It is my distinct pleasure and honour to address you as the Organizing Chairman of this year's WIROC 2024 Annual Conference. We look forward to intellectual exchange, collaboration, and innovation during the same.

WIROC has a rich tradition & legacy. It is well known for its academic content. While catering to the needs of general orthopaedic surgeons, it also highlights the advances in various subspecialties & quenches the thirst of the philomaths.

This conference is being planned with the aim of fostering a vibrant atmosphere for the exchange of ideas, experiences, and knowledge. Our theme this year is "pioneering progress, honouring legacy". We hope to bring together a diverse group of experts, thought leaders, and practitioners who will share their insights and expertise, providing us with a wealth of information to enrich our professional and personal lives.

This conference would serve as a platform for networking and building meaningful connections. It would provide us an opportunity for all of us to engage in thought-provoking discussions, challenge our perspectives, and collaborate on solutions that will shape the future of orthopaedics. The success of this event will depend on your active participation, and I encourage each one of you to register for this event to seize this opportunity to connect with your peers, exchange ideas, and explore potential collaborations.

We will have perfect mix of academics with extra-curricular activities, alumni meets as usual.

Thanking you,



Dr. Mohan M. Desai
Organizing Chairman, WIROC 2024

FROM THE DESK OF **ORGANIZING SECRETARY**

Respected Seniors, Esteemed Colleagues, and Dear Friends,

Greetings! It is with great enthusiasm and pleasure that we extend our heartfelt invitation to the distinguished 59th Annual Conference of the Bombay Orthopaedic Society - WIROC 2024. This prestigious event is set to take place at the luxurious JW Marriott Mumbai Sahar, Andheri, from the 20th to the 22nd of December, 2024.

The theme chosen for WIROC 2024 is "Pioneering Progress, Honouring Legacy!" - a theme that reflects our commitment to recognizing the rich history of the Bombay Orthopaedic Society and embracing the advancements that lie ahead. In the ever-evolving field of orthopaedics, we understand the significance of learning from the past, adapting to new challenges, and ultimately evolving to pioneer progress.

Our meticulously curated program shall aim to provide each participant with valuable scientific content that will undoubtedly sow the seeds of pioneering progress for years to come. As we delve into the latest practice-changing updates across all sub-specialties and explore cutting-edge technologies, WIROC 2024 promises to be a platform where knowledge is exchanged, ideas are ignited, and innovations take root.

The Bombay Orthopaedic Society boasts a legacy earned through the dedication and contributions of its stalwarts. WIROC 2024 will not only be a celebration of this rich legacy but will also be a forum to foster camaraderie, build new bonds, and strengthen the sense of community within our esteemed society.

We extend a warm and heartfelt invitation to all delegates and faculty to join us in this special and unique scientific extravaganza. WIROC 2024 is not just a conference; it is an opportunity to be part of a momentous event that will contribute to the future of orthopaedics.

Mark your calendars, secure your spot, and get ready to be part of an unforgettable experience at WIROC 2024!

See you in December 2024!

Dr. Dhiraj Sonawane

Organizing Secretary, WIROC 2024



Dr. Anoop Dhamangaonkar

Organizing Secretary, WIROC 2024

BOS EXECUTIVE COUNCIL



Dr. Mohan Desai
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Dr. Jayesh Baviskar
Executive Council Member

HIGHLIGHTS



**PLENARY
SESSION
THAT WILL
CHANGE YOUR
PRACTICE**



DEBATES



**CASE
DISCUSIONS**



**PRESIDENTIAL
GUEST
LECTURES**



**PRACTICAL
TIPS TO
ENSURE
SUCCESS**



**WORKSHOPS
INCLUDING
LATEST
CUTTING EDGE
TECHNOLOGY**



**FUN AND
FROLIC FILLED
COMARADERIE
ASSURED**

PROGRAM

DAY 1: DECEMBER 20, 2024

TIME	HALL A	HALL B	HALL C	HALL D
08.00 - 08.30 AM	FREE PAPERS	FREE PAPERS	FREE PAPERS	FREE PAPERS
08.30 - 09.00 AM	RISING STAR	SOTY (STUDENT OF THE YEAR)	FREE PAPERS	FREE PAPERS
09.00 - 10.00 AM	TRAUMA: DELICATE SHOULDER <ul style="list-style-type: none"> • Breaking the Ice: Proximal humerus fracture patterns: Understanding fracture classifications & decision making (6+2 min) • Debate 1: Acromio-clavicular joint dislocation: Hook Plate vs tight rope system (5+5+2+2+1 min) • Debate 2: First time dislocate Wait vs Operate (5+5+2+2+1 min) • Part fractures over 60-year-old: Is there any value in fixing them? (6+2 min) • Tough Cases 1 (6+2 min) • Tough Cases 2 (6+2 min) 	PAEDIATRICS: HIP & KNEE <ul style="list-style-type: none"> • Free papers (5x3) • Septic Hip in Infants: Navigating Treatment Pathways for Optimal Outcomes (6+2 min) • Case 1: Interesting Hip Case (5+1 min) • Angular knee deformity in Children: Harnessing the growth potential (6+2 min) • Mastering Growth Modulation: Principles and Practices for Optimizing Paediatric Outcomes (6+2 min) • Debate: Tweeners The Grey Zone - Genu valgus osteotomy vs Growth modulation (15 min) 	ARTHROSCOPY: MENISCUS <ul style="list-style-type: none"> • Discoid meniscus (6 min) • Meniscus Ramp Lesions (6 min) • Meniscus Root Repair (6 min) • Meniscal Repair Adjuvant (6 min) • All Inside, Inside Out, Outside In, Which to Choose (6 min) 	OT: THINGS THAT MATTER <ul style="list-style-type: none"> • Fastest Methods to Sterilize Dropped Instruments • Ideal Method to Prepare Patients • Pre-Op Surgical Checklist • Timeout Significance & Practicality • Antibiotic Protocol • How to Prevent Cautery Burns and Fire in OT • Errors While Painting & Draping • Hazards Of Patient's Malpositioning

PROGRAM

DAY 1: DECEMBER 20, 2024

TIME	HALL A	HALL B	HALL C	HALL D
10.00 - 11.00 AM	<p>TRAUMA: PROXIMAL TIBIA</p> <ul style="list-style-type: none"> Schatzker vs Column Concept: Which to Follow? Talk1: Intra-operative tips & tricks for Optimizing Quality of reduction (6+2 min) Talk 2: Posterio Lateral Tibia Fracture, Elephant in the room (6+2 min) Minimizing Soft Tissue Complications in Bicondylar Tibial Plating: Tips and Tricks? (6+2 min) Debate: Schatzker type 6 illizarov vs Dual Plating (15 min) 1st Case where I burnt my hand (5+2 min) 2nd Case where I burnt my hand (5+2 min) 3rd Case (5+2 min) 	<p>SPINE: DEGENERATIVE SPINE</p> <ul style="list-style-type: none"> Missed conditions in degenerative lumbar spine: Clinical examination to radiology Disc Dilemma & Surprises: Navigating the discrepancies (6+2 min) Debate 1: Decoding Dilemma: Grade 1 listhesis fusion vs decompression? (15 min) Case1 where I burnt my hand! (5+2 min) Debate: Lumbar fusion vs Lumbar disc replacement (15 min) Case 2 where I burnt my hand! (5+2 min) Case 3 (5+2 min) Conclusion (1 min) 	<p>KNEE PRESERVATION: YOUNG ARTHRITIC</p> <ul style="list-style-type: none"> My Treatment Algorithm Imaging Modalities Inject Or Eject: Are Injections Useful? Cartilage Repair Techniques Osteotomies Case Discussions 	<p>FOOT & ANKLE: DIABETIC FOOT</p> <ul style="list-style-type: none"> Maximising limb salvage: Strategies and challenges (6+2 min) Preventing Diabetic Foot Ulcers: Early Evaluation to Stop Inexorable (30 min) Debate 1: Diabetic Foot Ulcer with Osteomyelitis - Limb Salvage vs Amputation (5+5+2+2+1 min) Case (5+2 min)
11.00 - 12.00 NOON	<p>TRAUMA: HIP FRACTURES - BACK TO BASIC</p> <ul style="list-style-type: none"> Classifying IT fracture malreductions: The good, The bad, The ugly? 	<p>LEGENDS: SURGICAL VIDEOS</p>	<p>ARTHROPLASTY: KNEE ARTHROPLASTY</p> <ul style="list-style-type: none"> Happy TKR patient: is it a myth? (What I Promise My Patients, Fixed Vs Mobile Bearing, My Magic Potion Relief, Which Patients Should I Not Touch?) 	<p>HAND: ALL ABOUT SCAPHOID</p> <ul style="list-style-type: none"> Current Consensus on acute scaphoid fracture Fixation (6+2 min) Non-union scaphoid: Does it progress to arthritis? (6+2 min)

PROGRAM

DAY 1: DECEMBER 20, 2024

TIME	HALL A	HALL B	HALL C	HALL D
	<ul style="list-style-type: none"> Unstable fractures: Addressing it directly or rely on implants? Lesser trochanteric fracture: Does it need fixation and how to do it? Why did our attention get diverted from posteromedial comminution to lateral wall? Teriparatide: Does it help other than allowing surgeon to sleep better at night? Panel discussion 		<ul style="list-style-type: none"> Debate 1: Patella replace or not? (5+5+2+2+1 min) Debate 2: Measured dissection vs gap balancing (5+5+2+2+1 min) Debate 3: Uni Vs HTO in unicondylar arthritis (5+5+2+2+1 min) Where I Have Burnt My Hands - 2 Cases 	<ul style="list-style-type: none"> AVN Scaphoid: Does it have any clinical significance? (6+2 min) Chronic Perilunate Injuries: Salvage or sacrifice! (6+2 min) Choice of Bone Grafting in scaphoid non-union (5+5+5+1 min) Case 1 (5+1 min) Case 2 (5+1 min) Conclusion (1 min)
12.00 - 01.00 PM	<p>TUMOR: ORTHOPAEDIC ONCOLOGY UPDATE</p> <ul style="list-style-type: none"> A to Z of Radiology for Bone Tumors (6+2 min) Scoring Systems for reading Radiographs Presentation (6+2 min) Medical Rx of GCT (6+2 min) Medical management of GCT (6 min) Radiation therapy in GCT Extended Curettage & Cementation (6 min) 	<p>LEGENDS PRESENT : SURGICAL VIDEOS</p>	<p>ARTHROPLASTY</p> <ul style="list-style-type: none"> What's in & what's out in THR - Panel (6+2 min) Debate 1: Uncemented Vs Cemented THR (5+5+2+2+1 min) Debate 2: CoC vs CoP (5+5+2+2+1 min) Keynote Dual mobility THR: Should everyone get one? (8+2 min) 	<p>FOOT & ANKLE: PAINFUL FOOT & ANKLE</p> <ul style="list-style-type: none"> Foot Pain Of Unknown Origin: How to Trace Decision Making in Jones Fracture Subtalar Arthritis: Overlooked Foot Pain? Debate 1: Ankle replacement vs fusion Debate 2: Chronic TA tear repair vs Reconstruction? (5+5+2+2+1 min)

PROGRAM

DAY 1: DECEMBER 20, 2024

TIME	HALL A	HALL B	HALL C	HALL D
	<ul style="list-style-type: none"> • Critical Steps of Curettage and Cementation (6 min) • Tips & Tricks for Recurrence Minimisation (6 min) • Unusual Presentation GCT (6 min) • Interesting Cases (6 min) 			<ul style="list-style-type: none"> • Debate 2: Accessory navicular excise or fuse? (5+5+2+2+1 min) • Interesting Cases
01.00 - 02.00 PM	LUNCH	LUNCH	CHUKILA MAFI NAHI: (ZERO TOLERANCE)	
02.00 - 03.00 PM	TRAUMA: THE ELBOW ENIGMA <ul style="list-style-type: none"> • Stabilizing the Unstable: Traumatic Elbow Instability (6+2 min) • Distal Humerus Fractures: Classify to Plan better fixation (6+2 min) • Avoid Missing: Missed Elbow Injuries (6+2 min) • Debate: Total Elbow Replacement Vs Reconstruction (5+5+2+2+1 min) • Case 1 (5+2 min) • Case 2 (5+2 min) • Conclusion (1 min) 	ARTHROPLASTY: CHANGING PARADIGM IN ARTHROPLASTY - ROBOTICS <ul style="list-style-type: none"> • The alignment debate, have we reached the consensuses? (6+2 min) • The robotic honey trap? (6+2 min) • Robotic UKR? What one must know? (6+2 min) • The road ahead: What will 2030 look like? (6+2 min) • Debate: Preoperative Imaging and unnecessary hassles in world of imageless robotics (5+5+2+2+1 min) 	ARTHROSCOPY: CONTROVERSIES IN ACL RECONSTRUCTION <ul style="list-style-type: none"> • Simple ACL reconstruction: Is it really simple? • ACL Reconstruction in low demand patients: Is it necessary? (6 min) • Graft harvest complications - bail out (6 min) • Tunnel malpositioning (6 min) • Lax graft after screwing (6 min) • Endobutton in soft tissues (6 min) • ACL in acute trauma situation (6 min) 	TRAUMA: OPEN INJURIES <ul style="list-style-type: none"> • Open Injuries: Let's Salvage The Unsalvageable (6+2 min) • Thorough Debridement: What to Retain and What Not? (6+2 min) • Golden Hour: Is it reality? (6+2 min) • Diaphyseal Compound Injuries: LRS vs External Fixator (6+2 min) • Debate 1: Controversies in Compound Injury: DCO (Damage Control Orthopaedics) VS ETC (Early Total Care) (5+5+2+2+1 min)

PROGRAM

DAY 1: DECEMBER 20, 2024

TIME	HALL A	HALL B	HALL C	HALL D
			<ul style="list-style-type: none"> • Missed meniscus with ACL (6 min) • Indication Of LET with ACLR (6 min) • Debate: Peronius Graft in Primary ACLR - Is it that Dispensable? (12 min) 	<ul style="list-style-type: none"> • Debate 2: Fix And Watch Vs Fix & Flap? (5+5+2+2+1 min) • Interesting Cases (5+1 min)
03.00 - 04.00 PM	PAEDIATRICS: CONTROVERSIES AND CONSENSUS <ul style="list-style-type: none"> • 10-year-old with Perthes: Osteotomy or bisphosphonates (6+2 min) • 6-year-old with 6 months old non-union following Jacob 1 Lateral condyle: open reduction or closed fixation (6+2 min) • 18 months old child with DDH: Trial of closed reduction or open reduction • 8 years old with Grade 2 supracondylar: Pin or plaster (6+2 min) • Moderate SFCE: Pin in situ or capital realignment (6+2 min) • 18 months old with untreated clubfoot: Plaster or PMFR (6+2 min) 	TRAUMA: ANKLE INJURIES <ul style="list-style-type: none"> • Approaching calcaneal fractures based upon fracture geometry? (6+2 min) • Calcaneal fractures: Turning the tide- Strategies to prevent complication (6+2 min) • What's new Lisfranc? (6+2 min) • Isolated lateral malleolus is it really isolated? (6+2 min) • Isolated medial malleolus fractures: What's Hidden Inside? (6+2 min) • Syndesmotic injuries How to get it right? (6+2 min) • Debate: Chronic ankle sprain: Synthetic fixation vs Native ligament repair (5+5+2 min) 	SPINE: CERVICAL MYELOPATHY <ul style="list-style-type: none"> • Unlocking Recovery: Know the Factors Influencing outcome (6+2 min) • Debate: Multilevel Anterior Compressive Cervical Myelopathy: Anterior vs Posterior (5+5+2+2+1 min) • To Operate or Not? Key Considerations in Cervical Myelopathy Decision Making (6+2 min) • Beyond Surgery: The Role of Medical Management in Cervical Myelopathy (6+2 min) • Cases where I Burnt My Hands (10 min) • Q&A (3 min) 	PELVIACETABULUM <ul style="list-style-type: none"> • Extended iliofemoral approach (6+2 min) • Acetabular fracture in elderly: An epidemic (6+2 min) • Pathobiomechanics of elderly acetabular fractures: Why it is so important to know (6+2 min) • Decision making: Evidence till 2024 tells us about how different management strategy failed a decade ago (6+2 min) • Understanding of dome impaction: A game changer into acetabular fracture management in elderly (6+2 min)

PROGRAM

DAY 1: DECEMBER 20, 2024

TIME	HALL A	HALL B	HALL C	HALL D
	<ul style="list-style-type: none"> • Interesting Cases (10+2 min) 			<ul style="list-style-type: none"> • Subchondral support for dome impaction: Where are we? (6+2 min) • Acute THR in acetabular fracture: Pros and cons (6+2 min) • Interesting Case (5+1 min)
04.00 - 05.00 PM	OFFICE ORTHOPAEDICS 1 <ul style="list-style-type: none"> • Defrosting The Frozen Shoulder (6+2 min) • Quick Fix: Outpatient Reduction of Colle's Fracture with Hematoma Block (6+2 min) • Going Conservative: Humerus Fracture Treatments: Role in present Era of Fixation (6+2 min) • Precision in Pain Relief: Intra-Articular Knee Injections Unpacked (6+2 min) • PPIs in Orthopedics: Balancing Benefits and Risks (6+2 min) • Recalcitrant Plantar Fasciitis (6+2 min) 	ARTHROPLASTY: THR - THE SLIPPED HIP <ul style="list-style-type: none"> • Intra op periprosthetic fracture femur? (6+2 min) • Intra op periprosthetic fracture acetabulum? (6+2 min) • Asymptomatic osteolysis around hip? (6+2 min) • Limb length discrepancy, long leg short pant? (6+2 min) • Nerve injuries (6+2 min) • Bone cement implantation syndrome (6+2 min) • 2 cases (10+2 mins) 	SPINE: SPINE FRACTURES - HARMONIZING TREATMENT APPROACH <ul style="list-style-type: none"> • Stable vs. Unstable Burst Fractures: Radiological Diagnosis and Clinical Relevance (6+2 min) • Cervical fracture dislocation: What are the current recommendation to reduce? (6+2 min) • The Role of Early Intervention in Spinal Cord Injury: How Soon is Too Soon? (6+2 min) • Neuroprotective Strategies: Do They Improve Outcomes in Spinal Cord Injury? (6+2 min) 	PUBLICATIONS <ul style="list-style-type: none"> • Lecture 1: Research Ka Sahi Sawaal? (6 min) • Lecture 2: Introduction To Conclusion - Kya Aur Kaise Bharen? (6 min) • Lecture 3: Clinical Research Ka Funda (6 min) • Lecture 4: Evidence-Based Medicine: Zameen pe utar ke baat (6 min) • Lecture 5: AI Research Design - Kaise Solid Research Tayyar Karen (6 min) • Lecture 6: Research ka Bhoot Utar Ke Clinical Practice Mein Laana (6 min) • Lecture 7: Research Publish Karne Ka Raasta - Aam Janta ke Liye Gyaan (6 min)

PROGRAM

DAY 1: DECEMBER 20, 2024

TIME	HALL A	HALL B	HALL C	HALL D
	<ul style="list-style-type: none"> • Effused Flexed Knee (6+2 min) • Treatment Algorithm in Tennis Elbow (6+2 min) 		<ul style="list-style-type: none"> • Debate: The Efficacy of Corticosteroids in Spinal Cord Injury Management - Myth or Reality? (5+5+2+2+1 min) • Interesting Cases (5+5+3 min) 	<ul style="list-style-type: none"> • Lecture 8: Sahi Journal - Kaise Chunen? (6 min) • Lecture 9: Busy Surgeon - Prioritising Research (6 min) • Q&A (6 min)
05.00 - 06.00 PM	MUSCULOSKELETAL IMAGING: UNCOVERING THE TRUTH	SPINE: LUMBAR DISC <ul style="list-style-type: none"> • The Natural History of Lumbar Disc Degeneration: Insights and Implications (6+2 min) • Unilateral Radiculopathy: A Diagnostic Journey (6+2 min) • Fusion in case of lumbar disc prolapse: When, where, why? (6+2 min) • Can Endoscopy take over MIS TLIF? (6+2 min) • Debate: Fusion in Redo Spine vs Motion Preservation (5+5 min) • Decision Making in Lumbar Disc Prolapse: Navigating Treatment Options (6+2 min) • Debate: Central disc prolapse Open Vs Endoscopy decompression (5+5 min) 	MONEY: HOW TO INVEST WISELY	SOCIAL MEDIA MARKETING <ul style="list-style-type: none"> • How to make engaging YouTube videos with phone? • Role of social media & its impact on practise? • Instagram algorithm - How to apply? • Google AdWords - Changing medical practise? • Unlocking Healthcare Success with Cutting Edge Digital Marketing • Making Short Video Reels • Q & A

PROGRAM

DAY 2: DECEMBER 21, 2024

TIME	HALL A	HALL B	HALL C	HALL D
07.00 - 08.00 AM	BREAKFAST WITH MASTERS: VENUE	ARTHROPLASTY ROMANO	SPINE ROMANO	ARTHROSCOPY ROMANO
08.00 - 08.30 AM	YOUNG SURGEON FORUM			
08.30 - 09.00 AM	VETERAN SURGEON FORUM			
09.00 - 10.00 AM	DR. A. K. TALWALKAR SYMPOSIUM Topic: Aseptic Non union			
10.00 - 11.00 AM	DR. R. J. KATRAK ORATION			
11.00 - 11.15 AM	INAUGURATION			
11.15 - 12.00 NOON	DR. K. T. DHOLAKIA EPONYMOUS LECTURE			
12.00 - 01.00 PM	KEYNOTE LECTURES • Invited Guest Lecture • Ethical Blind Spot: Seeing the Unseen • Evolution in Management of Metastatic Spine Diseases			
01.00 - 02.00 PM	LUNCH			

PROGRAM

DAY 2: DECEMBER 21, 2024

TIME	HALL A	HALL B	HALL C	HALL D
02.00 - 03.00 PM	TRAUMA CASES THAT TAUGHT ME THE MOST	ARTHROPLASTY CASES THAT TAUGHT ME THE MOST	SPINE CASES THAT TAUGHT ME THE MOST	NEGLECTED CHILD TRAUMA <ul style="list-style-type: none">• Practical Approaches to Fresh and Neglected Paediatric Trauma (6 min)• Supracondylar Humerus Fractures: Early Intervention and Pitfalls (6 min)• Dealing with delayed presentations and neglected cases of Lateral Condyle humerus fractures (6 min)• Acute Paediatric Forearm Injuries: Which to cast and which to fix (6 min)• The Neglected Monteggia fractures and variants: Guide to decision making & management (6 min)• Acute Physeal Injuries in the lower limbs: Management & Prognosis (6 min)• Post Traumatic Angular deformities around the lower limbs: Treatment Rationale• Open fractures in Children: Approaches to intervention (6 min)• Infections in traumatized extremities in children: Algorithms for treatment (6 mins)

PROGRAM

DAY 2: DECEMBER 21, 2024

TIME	HALL A	HALL B	HALL C	HALL D
03.00 - 04.00 PM	<p>OSTEOARTICULAR INFECTION Mastering the timeline of infection management in fractures: Case Scenario</p> <ul style="list-style-type: none">• Catch it early: Early infection (6+2 min)• Late infection - Nonunion: Cracking the code (6+2 min)• Salvaging stability: Infection in presence of nail and plate (6+2 min)• Infection in presence of plate (6+2 min)• When time fails: Infection after fracture healing (6+2 min)• Persistent infection: What to do when infection lingers after implant removal (6+2 min)• Interesting Cases	<p>ARTHROSCOPY: SHOULDER INSTABILITY</p> <ul style="list-style-type: none">• How to do ideal Bankart's Repair (6+2 min)• Tips and Tricks for perfect Remplissage (6+2 min)• Arthrolatarjet - When and How? (6+2 min)• Bony block procedures - Current concepts (6+2 min)• Debate: First time dislocation - Fix right away Vs. Treat Conservatively (12 min)• Interesting Cases (16 min)	<p>SPINE: TUBERCULOSIS</p> <ul style="list-style-type: none">• Spinal Tuberculosis: Do middle path regime stands is relevant today? Surgeon's perspective (6+2 min)• Role of conservative treatment in Kochs? (6+2 min)• New scoring systems available to decide management? (6+2 min)• Duration of AKT? Do we have consensus? (6+2 min)• Role of steroids in TB with worsening neurology? (6+2 min)• Errors In prescribing AKT? Current recommendation (6+2 min)• Is Anterior Reconstruction In Thoracolumbar Tuberculosis Out Of Fashion (6+2 min)• Interesting Cases (4 min)	<p>PRACTICAL PAIN MANAGEMENT</p> <ul style="list-style-type: none">• Choosing Analgesics: Tailoring Pain Medications to the Patient 6+2 min)• Pain Management in Osteoarthritis: A Stepwise Approach (6+2 min)• Acute Injury Pain: Early Intervention Techniques in the Clinic (6+2 min)• Pain Management in Post-Surgical Orthopaedic Patients (6+2 min)• Managing Chronic Back Pain in Orthopaedic Patients (6+2 min)• Transforaminal Lumbar Selective Nerve Root Block: Diagnostic To Therapeutic

PROGRAM

DAY 2: DECEMBER 21, 2024

TIME	HALL A	HALL B	HALL C	HALL D
04.00 - 05.00 PM	<p>TRAUMA: DISTAL TIBIA</p> <ul style="list-style-type: none"> • Algorithm for Plafond Fractures (6+2 min) • Approaches to address difficult fractures (6+2 min) • Delayed (<4 weeks) distal tibia extra articular fractures (6+2 min) • Delayed (<4 weeks) distal tibia intra articular fractures (6+2 min) • Debate: Nail v/s Plate for distal tibia (5+5+2+2+1 min) • Interesting cases (5 min) 	<p>ARTHROPLASTY: COMPLEX KNEE</p> <ul style="list-style-type: none"> • TKR in severe varus (6+2mins) • TKR in uncorrectable valgus (6+2mins) • TKR in recurvatum (6+2mins) • TKR with stress fracture (6+2mins) • TKR in obese (6+2mins) • TKR post HTO (6+2mins) • Cases: Complex primary TKR (6+2mins) • Conclusion (4mins) 	<p>SPINE: MINIMALLY INVASIVE SPINE</p> <ul style="list-style-type: none"> • Recurrent disc prolapse do endoscopy does better job (6+1 min) • Hard Targets: Endoscopic Solutions for Dorsal Disc Herniations and Ossified Ligamentum Flavum (6+1 min) • Integration of Technology in MISS: Friend or Foe (6+1 min) • Debate: The Future of Endoscopic Spine Surgery: Uniportal Versus Biportal (6+1 min) • Debate: Lumbar Decompression & Fusion: Endoscopic vs. Open Surgery - Which is Superior? (15 min) • MIS Spine in Metastasis (6+1 min) 	<p>TRAUMA: DISTAL END RADIUS FRACTURES</p> <p>Optimizing Outcomes in Distal Radius Fractures</p> <ul style="list-style-type: none"> • Know your opponent: Understand the fracture anatomy - Column Concept (6+2 min) • Go further/ Reach to the other side: Appropriate approaches for DRF (6+2 min) • Reduction manoeuvres: Tips and tricks to facilitate fracture reduction (6+2 min) • Is my implant choice correct? Is the fixation adequate? Do I need bone grafting? (6+2 min) • Look... And then, look again: Intraoperative radiographic assessment for plate position, intra-articular hardware, proud screws, imminent tendon irritation and sequelae (6+2 min) • Did I catch that small fragment on the opposite side?: Consider fixation from every angle (6+2 min)

PROGRAM

DAY 2: DECEMBER 21, 2024

TIME	HALL A	HALL B	HALL C	HALL D
				<ul style="list-style-type: none">• My fixation is superb, but is the DRUJ stable?: Addressing DRUJ instability after DRF fixation (6+2 min)• Summary and Recap (4 min)
05.00 - 06.00 PM	MULTIDISCIPLINARY APPROACH IN ORTHOPAEDICS <ul style="list-style-type: none">• Rheumatology / Endocrinology/ Neurology/ Rehabilitation/ Physiotherapy/ Psychiatry	AAP KI ADALAT	OVERCOMING EARLY CHALLENGES FOR THRIVING ORTHOPEDIC PRACTISE <ul style="list-style-type: none">• My challenges to start practise (5min)• Communication is key to success? (5 min)• Is group practise answer to Present challenges? (5min)• How can we choose balance? (5min)• Corporate full time vs Freelancer vs Medical College vs Own setup (5min)• Rise in medical conferences? How to choose? (5 min) LIFESTYLE OF ORTHOPOD <ul style="list-style-type: none">• Attire Selection: Scrubs vs Suits vs Casual (5 min)• Creta Vs Maybach (5 min)• Organic Growth vs Social Media Hype?	MISCELLANEOUS: LIFESTYLE OF ORTHOPOD <ul style="list-style-type: none">• Attire Selection: Scrubs vs Suits vs Casual (6+2 min)• Creta Vs Maybach (6+2 min)• Organic Growth vs Social Media Hype? (6+2 min)• Attitude in OR: Stiff vs Conginince (6+2 min)• Work is life vs life beyond work (6+2 min)

PROGRAM

DAY 2: DECEMBER 21, 2024

TIME	HALL A	HALL B	HALL C	HALL D
			<ul style="list-style-type: none">• Attitude in OR: Stiff vs Cool (5 min)• Work is life vs life beyond work (5 min)	

PROGRAM

DAY 3: DECEMBER 22, 2024

TIME	HALL A	HALL B	HALL C
08.00 - 09.00 AM	CHAI PE CHARCHA	ARTHROPLASTY: FELLOWSHIP OPPURTUNITIES ROMANO	SPINE: FELLOWSHIP OPPURTUNITIES ROMANO
09.00 - 10.00 AM	KEYNOTE LECTURES <ul style="list-style-type: none">• Value Of Data: Research And Beyond (15 min)• More Than Surgeon: Embracing Social Responsibility (15 mins)		
10.00 - 10.45 AM	INNOVATOR SUMMIT <ul style="list-style-type: none">• Outpatient Surgeries: A Reality? (6+3 min)• CMC Joint Arthroplasty (6+3 min)• Out Of The Box Thinking (6+3 min)• Cells to structures: revolutionising orthopaedics with regeneration (6+3 min)• Ortho AI (6+3 min)		
10.45 - 11.30 AM	DR. K. S. MASALAWALA BEST PAPER SESSION		
11.30 - 12.15 PM	PRESIDENTIAL GUEST LECTURE		
12.15 - 01.00 PM	BOSSES SPEAK <ul style="list-style-type: none">Staying Relevant with Changing Time (9 min)Beyond Rat Race (9 min)Latest on understanding of Cervical Deformity & Effective Treatment (9 min)Skill Lab In Arthroplasty (9 min)Team Work is Dream Work (9 min)		
01.00 - 02.00 PM	LUNCH		

PROGRAM

DAY 3: DECEMBER 22, 2024

TIME	HALL A	HALL B	HALL C
02.00 - 03.00 PM	<p>TRAUMA: NECK OF FEMUR FRACTURE IN YOUNG ADULTS</p> <ul style="list-style-type: none"> • Not able to get reduction: Tips and tricks (6+2 min) • Open reduction - My ways (6+2 min) • Three Screw method of Fixation - GIRFT (6+2 min) • Does Choice of Implant Play a Role in Final Outcome of Neck of Femur Fracture? (6+2 min) • AVN after Neck Femur - Detection and Management (6+2 min) • Interesting case (20 min) 	<p>SPINE: DISC & TRAUMA</p> <ul style="list-style-type: none"> • Unusual presentations with disc prolapse? (5+1 min) • Unilateral disc with contralateral pain (5+1 min) • Cases (5+1 min) • Thoracolumbar trauma (5+1 min) • Decision making in Grey Area? Lumbar Burst fracture? (5+1 min) • TLICS & New AO classification easy practical application (5+1 min) • Debate: Fix and Mobilise vs Wait to heal? (5+5+1+1 min) • Debate: Vertebroplasty Vs Stentoplasty vs Kyphoplasty? (5+5+1+1 min) 	<p>PAEDIATRICS</p> <ul style="list-style-type: none"> • Little Bone: Big Challenges Top 5 Paediatric Emergencies • Septic Shock: Acting Fast to Save Little Hips (6+2 min) • Saving Tiny Arms from Vascular Harm (6+2 min) • Slip and Grip: The Race to Stabilize SCFE (6+2 min) • Pressure Rising: Spotting and Stopping Compartment Syndrome (6+2 min) • Growth Under Threat: Managing Distal Radius Physeal Injuries (6+2 min) • Debate: Act Fast, Act Right - Acute Osteomyelitis in Young Bones : Conservative Vs Surgical Management (15 min) • Interesting Cases (5 min)
03.00 - 04.00 PM	<p>PERIPROSTHETIC INFECTION</p> <ul style="list-style-type: none"> • How to Catch them early (6mins) • Modern diagnostic tests to confirm PJI (6mins) • DAIR: when and how (6mins) • Single stage exchange (6mins) • Articulating v/s non articulating spacers: which is better? (6mins) 	<p>OSTEOPOROSIS: PRESENT RECOMMENDATIONS TO TREAT OSTEOPOROSIS?</p> <ul style="list-style-type: none"> • Tailored Treatment for Severe Osteoporosis (6min) • Monitoring Treatment Outcome in Osteoporosis (6 min) • Perimenopausal Osteoporosis Prophylactic Treatment (6 min) 	<p>FITNESS MANTRA FOR ORTHOPODS</p>

PROGRAM

DAY 3: DECEMBER 22, 2024

TIME	HALL A	HALL B	HALL C
	<ul style="list-style-type: none">• Tackling late recurrence after exchange (5mins)• Chronic suppressive therapy (5mins)• Interesting cases (5mins)	<ul style="list-style-type: none">• Evaluation of osteoporosis? Recommended investigations diagnosis to management? (6 min)• Have new drugs taken over Bisphosphnates & Calcitonins? (6 min)• Role of brace & immobilisations in Osteoporotic veertebral fractures? (6min)• Evidence on Bony union with newer drugs in osteoporotic fracture management? (6 min)• Conclusion (3 min)	
04.00 – 04.30 PM	VALEDICTORY		

REGISTRATION PACKAGE

NON RESIDENTIAL PACKAGE

	1 ST NOV. - 10 TH - DEC., 2024	LATE & SPOT
BOS Member	₹ 16,000 + ₹ 2,880 (18% GST) = ₹ 18,880	₹ 17,000 + ₹ 3,060 (18% GST) = ₹ 20,060
BOS Non-Member	₹ 18,000 + ₹ 3,240 (18% GST) = ₹ 21,240	₹ 19,000 + ₹ 3,420 (18% GST) = ₹ 22,420
P. G. Student*	₹ 11,000 + ₹ 1,980 (18% GST) = ₹ 12,980	₹ 11,000 + ₹ 1,980 (18% GST) = ₹ 12,980
Accompanying Person	₹ 15,000 + ₹ 2,700 (18% GST) = ₹ 17,700	₹ 16,000 + ₹ 2,880 (18% GST) = ₹ 18,880

The Above Package Includes: Conference Registration Fee + Lunch on Friday, Saturday & Sunday (20th - 22nd December, 2024) + Conference Welcome Dinner on Friday (20th December, 2024) + Gala Banquet Dinner on Saturday (21st December, 2024) + Visit to Trade Exhibition + Conference Gift

*Certificate from HOD is mandatory

RESIDENTIAL PACKAGE: 3 NIGHTS & 4 DAYS

	1 ST NOV. - 10 TH - DEC., 2024	LATE & SPOT
BOS Member (Twin Sharing)	₹ 35,000 + ₹ 6,300 (18% GST) = ₹ 41,300	₹ 36,000 + ₹ 6,480 (18% GST) = ₹ 42,480
BOS Non-Member (Twin Sharing)	₹ 37,000 + ₹ 6,660 (18% GST) = ₹ 43,660	₹ 38,000 + ₹ 6,840 (18% GST) = ₹ 44,840
Accompanying Person	₹ 35,000 + ₹ 6,300 (18% GST) = ₹ 41,300	₹ 36,000 + ₹ 6,480 (18% GST) = ₹ 42,480
BOS Member (Single Room)	₹ 52,000 + ₹ 9,360 (18% GST) = ₹ 61,360	₹ 53,000 + ₹ 9,540 (18% GST) = ₹ 62,540
BOS Non-Member (Single Room)	₹ 54,000 + ₹ 9,720 (18% GST) = ₹ 63,720	₹ 55,000 + ₹ 9,900 (18% GST) = ₹ 64,900

The Above Package Includes: Room at Hotel JW Marriott Sahar (Check-In on Thursday, 19th December, 2024 at 03.00 pm | Check-Out on Sunday, 22nd December, 2024 at 12.00noon) + Conference Registration Fee + Breakfast on Friday, Saturday & Sunday (20th December, 2024 to 22nd December, 2024) Lunch on Friday, Saturday & Sunday (20th - 22nd December, 2024) + Conference Welcome Dinner on Thursday, 19th December, 2024 + Conference Dinner on Friday, 20th December, 2024 + Gala Banquet Dinner on Saturday, 21st December, 2024 + Visit to Trade Exhibition + Conference Gift

REGISTRATION PACKAGE

RESIDENTIAL PACKAGE: 2 NIGHTS & 3 DAYS

	1 ST NOV. - 10 TH - DEC., 2024	LATE & SPOT
BOS Member (Twin Sharing)	₹ 29,000 + ₹ 5,220 (18% GST) = ₹ 34,220	₹ 30,000 + ₹ 5,400 (18% GST) = ₹ 35,400
BOS Non-Member (Twin Sharing)	₹ 31,000 + ₹ 5,580 (18% GST) = ₹ 36,580	₹ 32,000 + ₹ 5,760 (18% GST) = ₹ 37,760
Accompanying Person	₹ 29,000 + ₹ 5,220 (18% GST) = ₹ 34,220	₹ 30,000 + ₹ 5,400 (18% GST) = ₹ 35,400
BOS Member (Single Room)	₹ 40,000 + ₹ 7,200 (18% GST) = ₹ 47,200	₹ 41,000 + ₹ 7,380 (18% GST) = ₹ 48,380
BOS Non-Member (Single Room)	₹ 42,000 + ₹ 7,560 (18% GST) = ₹ 49,560	₹ 43,000 + ₹ 7,740 (18% GST) = ₹ 50,740

The Above Package Includes: Room at Hotel JW Marriott Sahar (Check-In on Friday, 20th December, 2024 at 03.00 pm | Check-Out on Sunday, 22nd December, 2024 at 12.00 noon) + Conference Registration Fee + Breakfast on Friday, Saturday & Sunday (20th December, 2024 to 22nd December, 2024) Lunch on Friday, Saturday & Sunday (20th - 22nd December, 2024) + Conference Dinner on Friday, 20th December, 2024 + Gala Banquet Dinner on Saturday, 21st December, 2024 + Visit to Trade Exhibition + Conference Gift



PAYMENT DETAILS

Please send DD / At Par Cheque, in favour of "BOMBAY ORTHOPAEDIC SOCIETY" payable at Mumbai. Delegates can register online on www.wiroc.in (Online charges as applicable)



CANCELLATION POLICY

DEDUCTION OF CHARGES WILL BE AS FOLLOWS:

- Up to 20th October 2024 - 25% of registration & accommodation fee.
- Before 20th November 2024 - 50% of registration & accommodation fee.
- After 21st November 2024 - No Refund.
- All queries and requests for cancellation should be made to the conference secretariat at wiroc@bombayorth.com. Any query of request after 21st November 2024 will not be entertained and no refund can be availed. The refund will be made by cheque after the date of the conference.





CONFERENCE SECRETARIAT

WIROC 2024

C/o Vama Events Pvt. Ltd. Kohinoor Square Phase I, B Wing,
Office No. 1004, 10th Floor, N. C. Kelkar Road, Shivaji Park, Dadar West,
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